DOCUMENT RESUME

ED 408 108 PS 025 564

AUTHOR Steinberg, Laurence; Levine, Ann
TITLE You and Your Adolescent: A Parent's Guide for Ages 10-20. Revised Edition.
REPORT NO ISBN-0-06-273461-X
PUB DATE 97
NOTE 431p.
AVAILABLE FROM HarperPerennial/HarperCollins Publishers, P.O. Box 588, Dunmore, PA 18512; 800-331-3761; fax: 800-822-4090 (U.S., $15; Canada, $21.50, plus shipping).
PUB TYPE Books (010) -- Guides - Non-Classroom (055)
EDRS PRICE Document Not Available from EDRS.
DESCRIPTORS *Adolescent Development; *Adolescents; Behavior Change; Behavior Problems; *Child Rearing; Developmental Stages; Emotional Development; Family Environment; Individual Development; Intermediate Grades; *Parent Child Relationship; Parent Education; Parent Materials; Parenting Skills; Secondary Education; Social Development
IDENTIFIERS Adolescent Attitudes; *Parenting Styles

ABSTRACT

Parents' relationship with a child will change when the child becomes an adolescent, but the relationship does not necessarily have to change for the worse. On the premise that knowing what to expect of this change is half the task of successfully parenting an adolescent, this book describes the "normal" developmental changes young people undergo as they enter and move through adolescence, and suggests effective ways of relating to teenagers. Chapters in the first section of the book deal with family basics, such as what makes a good parent, family communication, and variants such as a working mothers and stepfamilies. The next section covers preteens, from ages 10 to 13, including physical health and development, psychological health and development, and the social world of the young adolescent, including school and parents' involvement in their adolescent's education. The third section covers these same areas for teens, from 14 to 17, including teen employment and preparation for college. The final section covers the transition to adulthood, from ages 18 to 20, including issues related to independence. Each section includes a list of related resources. (HTH)

****
* Reproductions supplied by EDRS are the best that can be made *
* from the original document. *
****